

## SUMMER CAMP SIGN UP 2020

DATE: \_\_\_\_\_

CHILDS NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

PARENTS NAME: \_\_\_\_\_ FIT CLUB MEMBER? \_\_\_\_\_

Do you need drop off between 7am- 8am? \_\_\_\_\_ (It's an additional \$10.00 per week, per family)

*PLEASE CIRCLE DAYS ATTENDING. INDICATE 1<sup>ST</sup> or 2<sup>ND</sup> CHOICE*

### JUNE - WEEK 1: GYMNASTICS

**1st      2nd      3rd      4th      5th**

### JUNE - WEEK 2: GYMNASTICS

**8th      9th      10th      11th      12th**

### JUNE - WEEK 3 : GYMNASTIC or CHEER

**15th      16th      17th      18th      19th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### JUNE - WEEK 4: GYMNASTICS or DANCE

**22nd      23rd      24th      25th      26th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### JUNE/JULY WEEK 5: GYMNASTICS

**29th      30th      1st      2nd      3rd**

### JULY - WEEK 6: GYMNASTICS or TRAMP & TUMBLE

**6th      7th      8th      9th      10th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### JULY - WEEK 7: GYMNASTICS OR CHEER

**13th      14th      15th      16th      17th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

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FIT CLUB GYMNASTICS

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**JULY - WEEK 8: GYMNASTICS or DANCE**

**20th 21st 22nd 23rd 24th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

**JULY - WEEK 9: GYMNASTICS**

**27th 28th 29th 30th 31st**

**AUGUST - WEEK 10: GYMNASTICS or TRAMP & TUMBLE**

**3rd 4th 5th 6th 7th**

1<sup>st</sup> Choice : \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

**AUGUST - WEEK 11: GYMNASTICS**

**10th 11th 12th 13th 14th**

**Cut off and save info.**

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***Girl's Summer Gymnastics Camps:*** Open to all levels of ability! They will be doing girls gymnastics, learning skills on beam, bars, floor and vault.

***Boy's Summer Gymnastics Camps:*** Called "**BOY'S ZONE**," incorporates gymnastics, trampoline, tumbling, group games, strength and fitness challenges and our exciting Ninja Fit obstacle courses. Fast paced fun and challenging day camp.

***Cheerleading Camps:*** Our cheer camps focus on a combination of jumps, stunts, strength and conditioning, and flexibility while learning handstands, cartwheels, round-offs and bridge kick-overs plus learning basic cheers.

***Dance Camps: Just Dance!!*** Every day will be a different class ranging from ballet to hip hop and everything in between. Each class will consist of introductory skills from each genre of dance and end with a combination in that style.

***Trampoline & Tumble Camps:*** These camps focus on developing proper tumbling techniques using gym floor, rod floor, tumble-trak & trampoline. Perfect for cheerleaders & dancers.

***Summer Camps*** include 2 hours of structured class, along with fun group games, open gym and activities.

Remember to pack a water, snack and lunch.

Camp hours are from 9:00am to 5:00pm however, you can drop off as early as 8:00am and pick -up as late as 6:00pm without any additional charges. If you need to drop off between 7-8am, it is an additional \$10 per week.

We also feature Theme weeks, which the Camp director announces at the beginning of each week. Friday wraps up the week with the 100 ft. waterslide on premises (remember to bring a bathing suit and a towel).

Athletic clothing and/or Leotards are acceptable to wear.